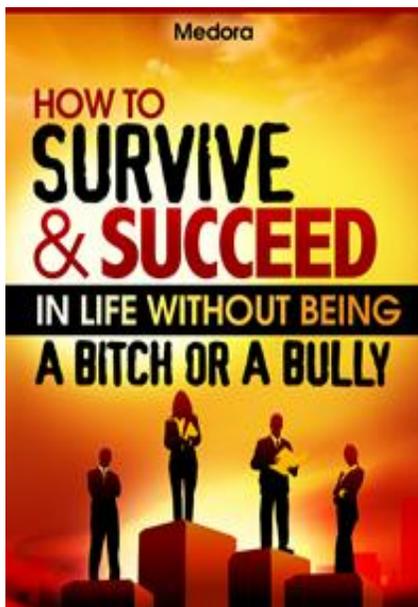


Available for interview: Contact Medora
Medora@medoraonline.com
1-800-519-0009, ext. 1

*Relationship expert doesn't make the rules.....
She simply reports the reality*

Author of
How to Survive and Succeed in Life Without Being a Bitch or a Bully
tells your audience:



How to identify, avoid and/or deal with a bitch/bully anytime, anywhere.

The 2 easy identifiers of an adult bitch/bully.

Why adult bullies are the most dangerous.

The 5 basic types of bitches/bullies.

Whether or not bitches/bullies are "born that way".

The #1 risk factor for someone becoming a bitch/bully.

The 8 principles that insure success in life.

...And much more



Relationship expert, author and public speaker, Medora uses a singular name as homage to the 4 generations of strong, accomplished women she's descended from – all of whom were also named "Medora."

Before pursuing a writing career, Medora worked in 3 important fields: business, education and counseling. Her collective experience, advanced education and observations has afforded her a unique perspective and insight into contemporary challenges.

How to Survive and Succeed in Life Without Being a Bitch or a Bully is one of the titles in "Medora's Simple Truths®" series. She is also the author of ***Christmas List Organizer*** and has extensive experience in both radio and television.

Studies reveal that approximately 1 person in 30 is a bona fide, identifiable bitch/bully.

What this means for the average person is that they'll have to deal with quite a few of them during their lifetime and doing so can often take quite a toll on their happiness and health.

Over 50% of the adult population has been victimized by a bitch/bully.

Adult bitches/bullies are some of the most difficult and dangerous people anyone has to deal with because they are people who systematically harm those around them until or unless they get caught and have to face enforced consequences. And, even then they will often find a way to wiggle out of or avoid those consequences altogether.

Surveys report that 1 in 6 children are bullied and most will wait a year before reporting it to anyone – if ever.

Most childhood bullying occurs in the classroom even when the teacher is present. And, the older the child, the more vulnerable they feel.

How to Survive and Succeed in Life Without Being a Bitch or a Bully is available in paperback for \$15.95, digital for \$6.99 and audio format for \$6.95. For ordering details, visit:

www.medoraonline.com

PEOPLE ARE TALKING!

“I enjoyed our show together - you really surprised me! And, the studio audience loved you too because you have that gift of reaching the listener’s hearts. You are all at once memorable, enjoyable, daring, outspoken, reverent and, of course, ADORABLE!”

Stewart Wibitz, Host
The Wibitz Show, KAOI 1110 AM, Wailuku, HI

“Very few people can reach through the television and make you feel like you are right there in the studio, but Medora always manages to do it! She is a pleasure in person and I recommend her to anyone looking for a little “sass” to spice up their show.”

Jay Scherder, Anchor
KRIS-TV, Corpus Christi, TX

“You walk into a room and exude greatness and warmth and are everything we all want to be.”

Shelly Miles, Host
WOAI-TV, San Antonio Living

“What a breath of fresh air! You have such a dynamic and positive energy force which made your talk entertaining as well as informative. I know that your insight and advice will help me lead the successful and peaceful life that I desire.”

Dr. Maude Cejudo, PT, DMT
Dallas, TX

“Your informative and inspirational talk was interesting as well as insightful – touching the hearts of those in attendance.”

Gloria Hicks, Partner
*Ed Hicks Imports
Community Volunteer*

Medora

For Availability
1-800-519-0009, ext. 1
FAX: 1-888-534-2080
medora@medoraonline.com

Sample Interview Questions

For Medora
Author

How to Survive and Succeed in Life Without Being a Bitch or a Bully

1. So, Medora, why did you write on this particular topic of bitches/bullies? (answer takes 45 seconds, from Chapter 1)
2. Why do you combine the 2 terms – aren't they different? (90 secs., from Ch. 2)
3. Who wouldn't be considered a bitch/bully? (90 secs., from Ch. 2)
4. About how many are "out there?" (15 secs., from Ch. 3)
5. Are they "born that way?" (20 secs., from Ch.4)
6. If they aren't "born that way," what makes them the way they are? (40 secs., from Ch. 4)
7. How can a parent raise a child so that they are more likely NOT to become a bitch or a bully? (30 secs., Ch. 5)
8. Don't children eventually outgrow their bitch/bully ways and behaviors? (10 secs., Ch. 6)
9. Tell us about the quiz you have in the book? (20 secs., Ch. 7)
10. Can you give us an example of one of the questions? (30 secs., Ch. 7)
11. From the quiz, how do you determine whether or not you are a bitch/bully? (30 secs., Ch. 7)
12. What if you don't want to be a bitch/ bully – even though there is evidence that you may be one? (40 secs., Ch. 8)
13. If you aren't a bitch/bully – but are faced with having to work/deal/live with one – what can you do? (90 secs., Ch. 9)
14. Any final thoughts? (30 secs., Ch. 10)

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Controversial Sample Interview Questions

For Medora

Author

How to Survive and Succeed in Life Without Being a Bitch or a Bully

1. If you are living with or having to deal with a bitch or a bully, can't you "love" them into better behavior? (answer takes 45 sec., from Chapter 3)
2. What is the greatest risk factor for a child in becoming a bitch or a bully? (30 secs., Ch. 4)
3. Why would anyone – any parent - want to raise a bitch or a bully? (10 secs., Ch. 4)
4. So, what type of parent raises a bitch/bully? (60 secs., Ch. 4)
5. If, then, parents are the greatest risk factor involved in a child becoming a bitch/bully, how is their parenting style related? (60 secs., Ch. 5)
6. Does/can therapy help a bitch/bully overcome or change their behaviors? (45 secs., Ch. 8)

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